Choosing a Good Road is an evidence-based approach to improving learner effectiveness. Here you will find references to research that supports the use of the textbook’s approaches as well as resources you can use for developing classroom interventions.

**Reflection & Journaling (What’s the Point? What Did You Learn? Road Log)**


**Motivation (Cool Facts)**


Pintrich, P.R., & Schunk, D. H. (1996). Motivation in education: Theory, research and


**Problem-Based Learning (Ideas in Action)**


**Comics (Maga and Keya on A Good Road)**


http://comicsinthe classroom.net/

http://gwtoday.gwu.edu/learningresearch/aserioususeforcomicbooks


**Ready for College**

College Readiness Begins in Middle School. ACT POLICY REPORT GEORGE L. WIMBERLY and RICHARD J. NOETH (www.act.org/research/policy/index.html).

Educational Policy Improvement Center https://www.epiconline.org/publications/college_readiness

Gates Foundation College-Ready Education http://www.gatesfoundation.org/college-ready-education/Pages/default.aspx

Texas College and Career Readiness Program Research http://www.txccrs.org/more/research.htm

**Ready for Career**

Partnership for 21st Century Skills (www.21p.org)

http://forum.illinois.edu/research/ccr

New York City Department of Education http://schools.nyc.gov/Academics/CommonCoreLibrary/Why/Readiness/default.htm

Association for Career and Technical Education
http://www.acteonline.org/

Association for Career and Technical Education Educator Resource Center
http://www.acteonline.org/erc.aspx

**Resilience (Never Give Up!!)**

**Penn Resiliency Project**
http://www.ppc.sas.upenn.edu/prpsum.htm


http://www.resilientus.org/divisions/community-resilience-research.html

A Guide to Promoting Resilience in Children: Strengthening the Human Spirit
Edith H. Grotberg, Ph.D. The International Resilience Project
http://resilnet.uiuc.edu/library/groth95b.html

**Brain Based Learning (Neurons, Synapses, & Dendrites)**

http://www4.uwsp.edu/education/lwilson/brain/bboverview.htm

New Horizons for Learning
http://education.jhu.edu/newhorizons

Society for Neuroscience Public Education

The Dana Alliance for Brain Initiatives
http://www.dana.org/danaalliances/
Making Connections: Teaching and the Human Brain. Caine, Renate Nummela; Caine, Geoffrey Association for Supervision and Curriculum Development, MD.


BRAIN AWARENESS WEEK LESSONS by Ms. Lynne Bleekeker, Middle School Science Teacher: http://faculty.washington.edu/chudler/baw1.html

Fixed and Growth Mindsets (Working Out Your Brain)

http://mindsetonline.com/

http://www.centreforconfidence.co.uk/information.php?p=cGlkPTE1NQ==

Dangers of a fixed mindset: implications of self-theories research for computer science education Laurie Murphy & Lynda Thomas. ITiCSE ’08 Proceedings of the 13th annual conference on Innovation and technology in computer science education. ACM New York, NY, USA © 2008

http://www.time.com/time/magazine/article/0,9171,1126743,00.html


Myelin Sheath

http://www2.ed.gov/pubs/RoadtoRead/part2.html

Translating the Research to Classroom Practice. ASCD, Alexandria, VA,


Music and Learning (Life & Lyrics)


http://www.mindinst.org/MIND2/tMI.html#trion


Autonomy and Learning (It’s My Choice)


d’Ailly, H. (2004). The role of choice in children's learning: A distinctive cultural and
gender difference in efficacy, interest, and effort. Canadian Journal of Behavioural
Science, 36(1), 17-29.

behavior. New York: Plenum.

ethnic and minority early adolescents. Journal of Educational Psychology, 90, 606-620.

ethnic and minority early adolescents. Journal of Educational Psychology, 90, 606-620.

Urdan, T. (2004). Predictors of academic self-handicapping and achievement:
Examining achievement goals, classroom goal structures, and culture. Journal of
Educational Psychology, 96(2), 251-264.

learning, performance, and persistence: The synergistic effects of intrinsic goal
contents and autonomy-supportive contexts. Journal of Personality and Social
Psychology. 87(2), 246-260.

**Life Purpose & Mission Statement**

McGraw-Hill.

McGraw-Hill.

Colleges Develop Students Purposefully*. Anker Publishing.


Materialistic, and Miseducated Students*. Yale University Press.

Up on the Meaning of Life*. Yale University Press.

Teenagers*. Oxford Press.


**Problem Solving Process (4 Steps to Success)**

Critical Issue: Working Toward Student Self-Direction and Personal Efficacy as Educational Goals
http://www.ncrel.org/sdrs/areas/issues/students/learning/Lr200.htm

Problem-Solving Training as Prevention with College Students. P. PAUL HEPPNER, GARY W. NEAL, LISA M. LARSON. Article first published online: 23 DEC 2011


**Values**


Jonathan Cohen, president of the National School Climate Center (formerly the Center for Social and Emotional Education), says there are more than 300 empirical studies that support the notion that “when schools make these core processes integral facets of school life, student achievement increases and school violence decreases.”

http://goodcharacter.com/

http://www.character.org/key-topics/character-ed-academic-achievement/

http://www.kappanmagazine.org/content/87/6/448.short

**Peer Pressure & Assertiveness**


Dyer, Wayne W. Pulling Your Own Strings. 1978

Lloyd, Sam R. Developing Positive Assertiveness: Practical Techniques for Personal Success. 2001


Reducing student anxieties through assertiveness training workshops: Research outcomes. Dawn L. McBride, Ph.D., Alyson M. Worrall, Ph.D., Faculty of Education, University of Lethbridge


Get a Mentor


“Successful Mentoring in High Schools” Thu Suong Thi Nguyen
The University of Texas at Austin Study of High School Restructuring July 2005 No. 6

The ABCs of School-Effective Strategies for Providing Quality Based Mentoring Youth Mentoring in Schools and Communities, Revised September 2007, Published by: The Hamilton Fish Institute on School and Community Violence & The National Mentoring Center at Northwest Regional Educational Laboratory


Setting Priorities

Setting Educational Priorities: High Achievers Speak Out
White Paper AMERITCHIEVE Forum Marian College
Indianapolis, Indiana April 22, 2001 Report prepared by Robert C. Dickeson, Ph.D. Senior Vice President Lumina Foundation for Education


Creativity & Learning


Fostering Creative Thinking during the High School Years E. Paul Torrance The High School Journal Vol. 45, No. 7 (Apr., 1962), pp. 281-288

“Are intelligence and creativity really so different? Fluid intelligence, executive processes, and strategy use in divergent thinking” Emily C. Nusbaum, Paul J. Silvia Intelligence Volume 39, Issue 1, January–February 2011, Pages 36–45

http://www.pz.harvard.edu/research/Research.htm

http://people.goshen.edu/~marvinpb/arted/tc.html
Healthy Risks versus Big Risks

http://aspe.hhs.gov/health/reports/teenrisk/teenrisktaking.html

Teen Risk-Taking: A Statistical Portrait | Laura Duberstein Lindberg ...
aspe.hhs.gov/health/reports/teenrisk/teenrisktaking.html


Critical Thinking Skills


Diversity Awareness & Management


http://www.edchange.org/multicultural/index.html
http://www.tolerance.org/activity/gender-stereotyping

http://www.learnnc.org/lp/pages/3992


The National Center for Culturally Responsive Educational Systems (NCCRESt)
http://www.nccrest.org/

Center for Research on Education, Diversity, and Excellence (CREDE)
http://crede.berkeley.edu/

Service Learning


“Heads, Hearts, and Hands: The Research on K-12 Service-Learning”
Shelley H. Billig, Ph.D., RMC Research Corporation, Denver 2004

“How Service Learning Affects Students.” Alexander Astin, et al., Higher Education Research Institute, University of California, Los Angeles, January 2000


Mindfulness

“The Effects of a Mindfulness-Based Education Program on Pre- and Early Adolescents’ Well-Being and Social and Emotional Competence.” Kimberly A. Schonert-Reichl and Molly Stewart Lawlor, Mindfulness, Volume 1, Number 3, 137-151
Mindfulness in Education Network
http://www.mindfulled.org/


Association for Mindfulness in Education
http://www.mindfuleducation.org/


Mindfulness Training for Elementary School Students: The Attention Academy, Dr. Maria Napoli, Journal of Applied School Psychology, 2005


http://www.mindfulschools.org/

Mindfulness for Educators
http://mindfulnessineducation.wordpress.com/